

**Laura West, LAPC, LAMFT
Bright Futures Counseling Services, Inc.**

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**HIPAA
The Health Insurance Portability and Accountability Act
*Notice of Privacy Practices for Protected Health Information***

Psychotherapy is a process which values confidentiality between the client and the therapist and which values full disclosure concerning the treatment process.

Your medical information is not disclosed to anyone. If you direct me to disclose specific information to a specific person, I will do this, but you must put this request in writing. The only possible exception to this would involve the following three situations:

1. Confidentiality may be broken if your life or someone else's life appears to be in serious danger. This situation could occur if a client shares a definite plan to take his/her own life or the life of someone else.
2. Confidentiality may be broken if I receive a court order signed by a judge and ever effort to resist the order proves unsuccessful. This situation may rarely occur in a contested child custody divorce situation.
3. Confidentiality may be broken if information disclosed to me strongly suggests that physical or sexual abuse or serious neglect towards a minor child or an elderly person is occurring.

Your information is not transmitted over the internet.

You have the right to discuss with me information concerning your diagnosis and treatment plan.

If you have concerns about any procedure at my office, please discuss this important matter with me.

Thank you.

Client Signature or Parent/Legal Guardian

Signature

Date